



# Yoga with DEE



**DEE HOWARD**

Yoga Teacher

DEE IS A SENIOR YOGA TEACHER

- ✓ TEACHING FOR OVER 15 YEARS
- ✓ 500HR YOGA TEACHER
- ✓ QUALIFIED REMEDIAL THERAPIST
- ✓ SPECIALISES IN SOFT TISSUES INJURIES
- ✓ SPECIALISES IN POST SURGERY RECOVERY

**Private  
1 on 1 Class**

**\$80.00**

BUNDLE 3 PRIVATE CLASSES TOGETHER AND PAY JUST \$200

**Private Group  
Class**

STARTS FROM  
**\$200.00**

IF YOUR PRIVATE GROUP CLASS IS NOT AT ISLAND HEALING STUDIO THERE WILL BE A TRAVEL FEE OF \$50



Contact Dee to find out her availability [✉ info@deehoward.com.au](mailto:info@deehoward.com.au)